

Lingdale Primary School



PE Curriculum Map



The national curriculum for Physical Education aims to ensure that all pupils:

- Pupils will develop competence to excel in a broad range of physical activities. They are physically active for sustained periods of time.
- Children engage in competitive sports and activities. They lead healthy, active lives.

Intent

At Lingdale Primary we want to provide children with a range of experiences and allow them to develop their skills of movement, as well as to develop and apply their interpersonal skills, including determination, self-belief, honesty, teamwork, respect and passion, as celebrated in the School Sports Partnership. Physical Education is taught for a minimum of 2 hours per week and all strands of PE will be taught in every year group (dance, gymnastics, games, athletics and OAA). The focus is on providing opportunities for children to engage in, and improve their performance in a wide range of activity and sport, by learning the skills required to engage and apply. The Children will gain the knowledge and understanding of the positive impact that engaging in such activity has on health and personal development. For swimming, the focus will be on ensuring pupils, by the end of KS2, achieve the expected standard of; 25m distance swim, using a range of strokes effectively and performing safe self-rescue in different water-based situations.

In EYFS and KS1, pupils will master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination. These skills are practised, developed and transferable across all physical activities and sports and pupils will apply these skills across a range of competitive activities. In KS2, children will continue to develop and apply these fundamental movement skills across a range of activities and competitive sports, as individuals and as part of a team. They will also develop strength, flexibility, control and technique.

Ten things to celebrate about PE at Lingdale Primary are:

1. A wide variety of after school clubs are on offer and children really enjoy taking part.
2. Entry to inter-school sport competitions through the Sports Partnership which has enabled children to compete against other schools and showcase the new skills they have learned. It has heightened the confidence of the children taking part.
3. Very well resourced including online Complete PE tool.
4. Wonderful facilities- hall/MUGA/field/playgrounds/trim trail
5. Member of Youth Sport Trust and Sainsbury's School Games. We have achieved Bronze Award over the past 4 years.
6. Pupil questionnaire indicated that children really enjoy their P.E. lessons, access a number of after- school clubs and enjoy learning new skills.
7. Play leaders have been trained this year which has increased the physical activity of children in Foundation Stage and KS1 every lunchtime.
8. Links with local sports clubs including Simon Carson SCSS, Judo, MFCFoundation/Kicks sports club
9. Active lunch and break times with boxes of resources for children to play and develop own games
10. Annual sports day with the long running community competition 'Simon's cup'.

We use the Complete PE online package to form our PE curriculum.

	Autumn	Spring	Summer
EYFS	Locomotion Developing movement (bikes, scooter, balls) Balance Ball Skills Large muscle movements (Autumn) Gymnastics Moving in different ways, Dance Movement (Spring) Ball Skills Spatial awareness games, Games for Understanding (Summer)		
Years 1 & 2	Autumn 1 Attack V Defence OAA Autumn 2 Gymnastics	Dance Team Building Ball skills – Hands 1	Locomotion Ball skills – Feet Invasion Games Athletics
Years 3 & 4	Autumn 1 Invasion games – Tag Rugby Health and fitness Autumn 2 Gymnastics	Net/Wall games – Tennis Dance Swimming	Athletics Strike and Field – Rounders OAA
Years 5 & 6	Autumn 1 Invasion Games – Tag Rugby Swimming Autumn 2 Gymnastics	Invasion Games – Basketball/Netball Health and Fitness Swimming Dance	Athletics Strike and Field – Cricket Swimming OAA