

100 High Frequency Words

the		are	
and		up	
a		had	
to		my	
said		her	
in		what	
he		there	
I		out	
of		this	
it		have	
was		went	
you		be	
they		like	
on		some	
she		so	
is		not	
for		then	
at		were	
his		go	
but		little	
that		as	
with		no	
all		mum	
we		one	
can		them	

100 High Frequency Words

do		about	
me		got	
down		their	
dad		people	
big		your	
when		put	
it's		could	
see		house	
looked		old	
very		too	
look		by	
don't		day	
come		made	
will		time	
into		I'm	
back		if	
from		help	
children		Mrs	
him		called	
Mr		here	
get		off	
just		asked	
now		saw	
came		make	
oh		an	